



THE PEACE BOOK

# MY FACE FOR PEACE

People from all around the world show what they stand for



BY CORDULA & SAEED  
DASTMALCHIAN



VERLAG  
anatheus

# IT IS TIME FOR PEACE ON EARTH

Bevin (USA)

MY  
FACE  
FOR  
PEACE.ORG

The traveler into the light does not stop at night, and does not hurry on the day.  
The traveler into the light walks the path of truth in thankfulness and love.  
As his confidence is sincere, his journey is filled with boundless joy.  
And faced with his firm will, every flame of fear extinguishes in devotion.

Saeeid Dastmalchian (From the book "The traveler into the light")

© anatheus Verlag, Hamburg/Germany, 2015, [www.anatheus.de](http://www.anatheus.de)

Idea & book realization: Saeeid & Cordula Dastmalchian, [www.dastmalchian.de](http://www.dastmalchian.de)

**MY FACE FOR PEACE** is an independent peace initiative of Saeeid Dastmalchian and his wife Cordula, [www.myfaceforpeace.org](http://www.myfaceforpeace.org)

The printing costs have been covered through crowdfunding on [www.startnext.com](http://www.startnext.com).

All submitted photographs and texts were checked carefully for correctness. For any possible inaccuracies in the assignment of name and nationality as well as other discrepancies Saeeid Dastmalchian and anatheus Publisher do not assume liability.

Printed with care at Printing House KOPA

**THE PEACE BOOK**

# **MY FACE FOR PEACE**

People from all around the world show what they stand for

**BY CORDULA & SAEED  
DASTMALCHIAN**

anatheus<sup>VERLAG</sup>

# “IMAGINE ALL THE PEOPLE LIVING LIFE IN PEACE”

(WORDS BY JOHN LENNON “IMAGINE”)

AHMED (PAKISTAN)



MY  
FACE  
FOR  
PEACE.ORG

# “CHILDREN OF ADAM ARE MEMBERS OF ONE BODY, CREATED FROM THE SAME SOURCE. IF EVEN ONE MEMBER IS IN PAIN THE OTHER MEMBERS CAN NOT BE AT PEACE.”



Dear Peace Lovers!

When we started our peace initiative **My Face For Peace** in October 2012, it was our goal to send messages of love, peace, and boundless human connectedness to the world. With this Peace Book, we have reached a first milestone now. To hold it in our hands is a great gift for us and we are happy and grateful to be able to share it with you. "Showing face", making visible what we stand for, is an essential aspect of the journey towards Global Peace. It is time to realize that we are all needed. Not as observers, but as co-creators of peace. "Be the change you wish to see in the world" Mahatma Gandhi said. World Peace begins therefore with each individual. We decide on our own actions. Either we consider this responsibility to be a burden and continue watching the crazy bustle for power and profit claims at the

expense of people and our planet, or, we decide to take responsibility for our thoughts, feelings and actions and tread the path of sincerity. Peacefulness is our true nature. To find peace is our deepest human longing. Togetherness is what our hearts desire most. By putting divisive thoughts behind us, compassion, acceptance and peace will increasingly take possession of us. The more we cultivate our hearts, kindle our light and live it, the more we become a light for others, which in turn ignites the light within themselves and others. We are convinced that together, connected with faith in Global Peace we will be able to create a huge, world-wide wave of love that can make the seemingly impossible possible. WE are the people. WE are the power.

More than 10,000 people from 132 nations have uploaded their portraits and comments on our website [www.myfaceforpeace.org](http://www.myfaceforpeace.org) over the past 3 years. With this gesture they have "given face" to their desire for Global Peace. In daily posts on our Facebook page we have shared many of these messages of peace with the ever-growing MFFP community and invited people to join our campaign too. In parallel, we have offered workshops and lectures on the subject of peace in Hamburg. Experience has shown us just how abstract peace still is for many of us. We are swam-

ped daily with images of war. They are always present in our minds. It's time to make it clear what peace means for us and to replace the images of the war with images of peace. This Peace Book is intended to be a contribution to that.

But our journey continues. We will also hand over this book to key figures within political, and religious organizations in order to give a clear signal that we humans are willing to live together in peace and to demand their honest and increased commitment to world peace. In addition, we are working on the planning of an international traveling exhibition, so that the messages of peace can be shared with many.

From the bottom of our hearts we thank all those who have had the courage to "show face" for peace. Your contribution has been fundamental to bringing this Peace Book into being and to giving it its charisma. And we are deeply grateful to all those who have stood by us in recent years with love, dedication and encouragement and who have helped us to spread the message of My Face For Peace in the world.

Much love and blessings to you all!

Cordula & Saeid Dastmalchian  
Hamburg/Germany, August 2015

*(Saadi, Persian poet and mystic, 13th century)*

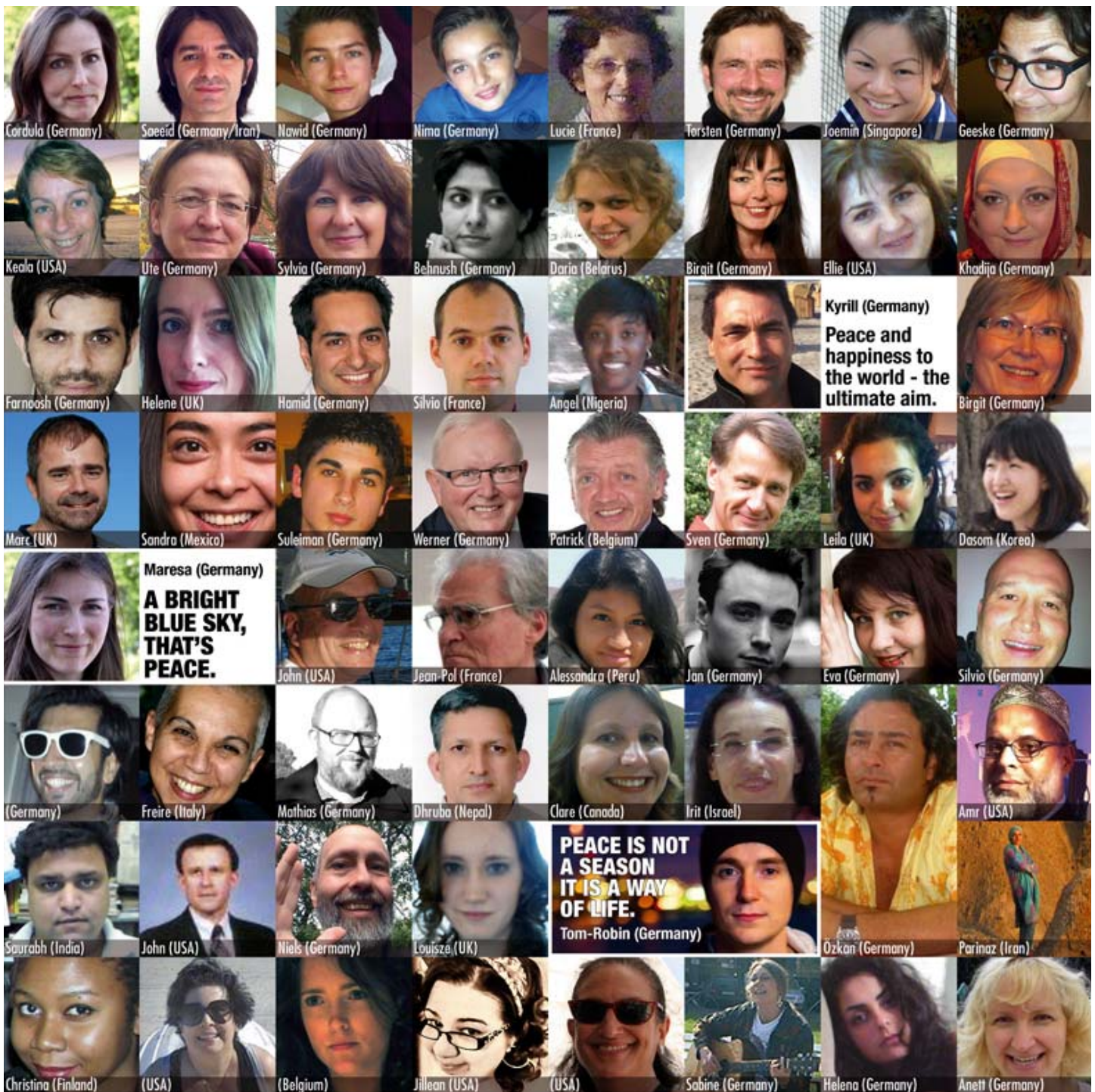
**Saeid Dastmalchian** was born in Tehran/Iran in 1970 and has been living in Hamburg/Germany since 1984. Today he is working as freelance artist, graphic designer and publisher. His self-understanding in creating works of art is that of a mediator of unity. His various social, intercultural and interreligious projects, exhibitions and performances are expression of a process of confrontation with the vision of an all pervasive, boundless truth that wants to facilitate human encounter on one level, free of nationality and religious affiliation.

**Cordula Dastmalchian** was born in Wittenberg/Germany in 1972. She is healing practitioner and author and accompanies the art projects of Saeid throughout the years.

Cordula and Saeid are parents of two sons.

[www.dastmalchian.de](http://www.dastmalchian.de)

[www.MyFaceForPeace.org](http://www.MyFaceForPeace.org)  
Facebook: [MyFaceForPeace](https://www.facebook.com/MyFaceForPeace)



Cordula (Germany) Saeid (Germany/Iran) Nawid (Germany) Nima (Germany) Lucie (France) Torsten (Germany) Joemin (Singapore) Geeske (Germany)

Keala (USA) Ute (Germany) Sylvia (Germany) Behnush (Germany) Daria (Belarus) Birgit (Germany) Ellie (USA) Khadija (Germany)

Farnoosh (Germany) Helene (UK) Hamid (Germany) Silvio (France) Angel (Nigeria) Kyrill (Germany) Peace and happiness to the world - the ultimate aim. Birgit (Germany)

Marc (UK) Sandra (Mexico) Suleiman (Germany) Werner (Germany) Patrick (Belgium) Sven (Germany) Leila (UK) Dasom (Korea)

Maresa (Germany) **A BRIGHT BLUE SKY, THAT'S PEACE.** John (USA) Jean-Pol (France) Alessandra (Peru) Jan (Germany) Eva (Germany) Silvio (Germany)

(Germany) Freire (Italy) Mathias (Germany) Dhruva (Nepal) Clare (Canada) Irit (Israel) Amr (USA)

Saurabh (India) John (USA) Niels (Germany) Louisza (UK) **PEACE IS NOT A SEASON IT IS A WAY OF LIFE.** Tom-Robin (Germany) Özkan (Germany) Parinaz (Iran)

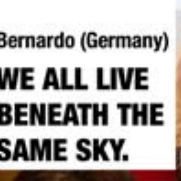
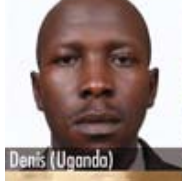
Christina (Finland) (USA) (Belgium) Jilleen (USA) (USA) Sabine (Germany) Helena (Germany) Anett (Germany)

**PEACE IS WHEN EVERYBODY  
FEELS FREE TO GO WHEREVER  
HE WANTS WITHOUT FEAR**

LANIG (FRANCE)

**MY  
FACE  
FOR  
PEACE** .ORG









Meir (Israel)

**Peace is not just a good idea. It is NECESSARY if we are going to survive.**



Ziad (Lebanon)

**A silent valley: a true reflection of peace.**



Randy (USA)

**PLEASE TEACH PEACE**



T.S. Jenkins (USA)

**I'm 44 years old and someone has been at war somewhere for my entire life. Enough is enough.**



Bharat (Nepal)

**With dignity, love and grace, support anything that unites people and oppose anything that divides people and peace will not be a dream but a reality sooner or later.**



Patrick (Lebanon)

**My face for peace... as long as I'm alive :)**



Osman (Sudan)

**Not money, property, or other materialistic things, but rather peace is our main asset.**



Cedric (Belgium)

**LET THE LIGHT PASS THROUGH YOU**



Angela (Colombia)

Fatima (Bosnia & Herzegovina)

Irma (Bosnia & Herzegovina)

Petra (Germany)

Jósep (Iceland)

Christina (Germany)

Venuste (Kenya)

(UK)

Chris (Germany)

Imelda (Canada)

Saskia (Germany)

Klaus (Germany)

Huda & Libby (USA)

Charlotte (The Netherlands)

Dominic (USA)

Elisha (The Netherlands)

Jelle (The Netherlands)

Alyak (Germany)

Jeanie (Australia)

Curtis (USA)

Kiki (Germany)

Andrés (Ecuador)

Steve (Vanuatu)

Ronald (Uganda)

Hanan (Egypt)

Dana (USA)

(Switzerland)

Marek (Poland)

Chandra (Indonesia)

Santosh (Nepal)

Hans (The Netherlands)

Muneinzvo (Zimbabwe)

Terri (New Zealand)

Rakel (Iceland)

Jule (Germany)

Bryony (UK)

Nada (Austria)

Tariq (Pakistan)

Shpresim (Kosovo)

Faraj (Yemen)

David & friend (Peru)

AURORA (UK)  
 ...WE ALL BELONG TO JUST ONE TRIBE  
**THE HUMAN RACE...**

(France)

Shobhakar (Nepal)

Beatrice (France)

David (UK)

Rod (USA)

Rafal (Poland)

Steven (UK)

Christian (Costa Rica)

Pepita (Sweden)

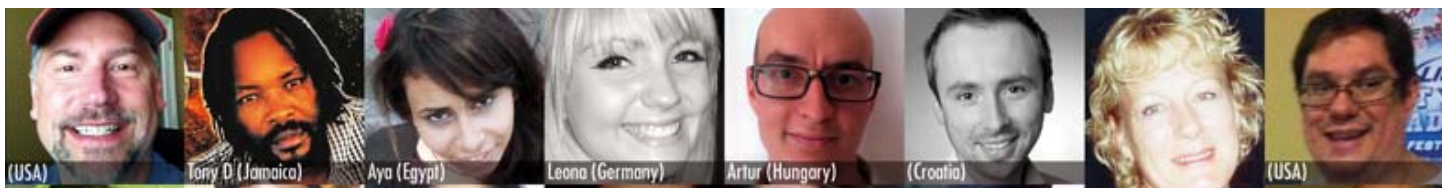
Robert (UK)

(France)

Jonathan (Canada)

Gary (Canada)

Fafalina (Germany)



# PEACE IS ALWAYS A GOOD IDEA

MATTIA (GERMANY)



MY  
FACE  
FOR  
PEACE  
ORG

**WE ARE READY FOR PEACE**

Sandra & Ilse (Germany)



DagMar (Germany)

**I SEE FEAR AND  
LOVE ANYWAY!  
I HEAR RAGE AND  
HATE AND LOVE  
ANYWAY!  
EVERYTHING  
STARTS WITH ME!  
PEACE & FREEDOM  
IS THE NATURAL  
BIRTHRIGHT OF  
EVERY BEING!  
SO - LET US LIVE  
IT - FINALLY!  
I'VE STARTED  
ALREADY -  
JOIN IN!!**



Michka (USA)

**PEACE IS LOVING  
YOURSELF  
EXACTLY AS YOU ARE  
RIGHT NOW**



**WE ARE ALL ONE**

(Trinidad & Tobago)



Claus (México)

**Peace is within  
you, so sow it  
as a seed and  
nurture them  
for what their  
fruits can share.**



**PEACE is ... freedom from fear  
and want !!!** Shivendra (India)



This world is just one country  
and all its people should be  
free at **peace**. Miriam (Germany)



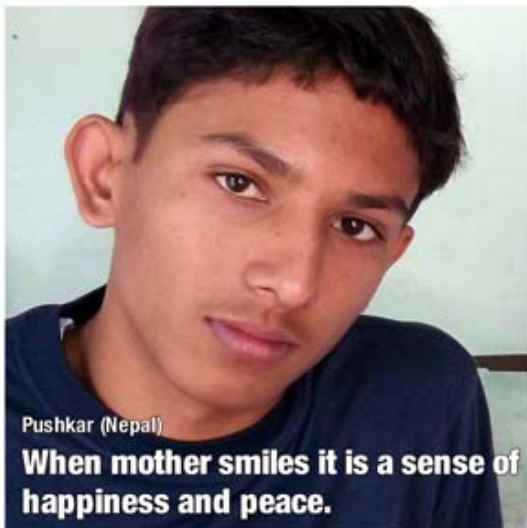
Scherry (India)

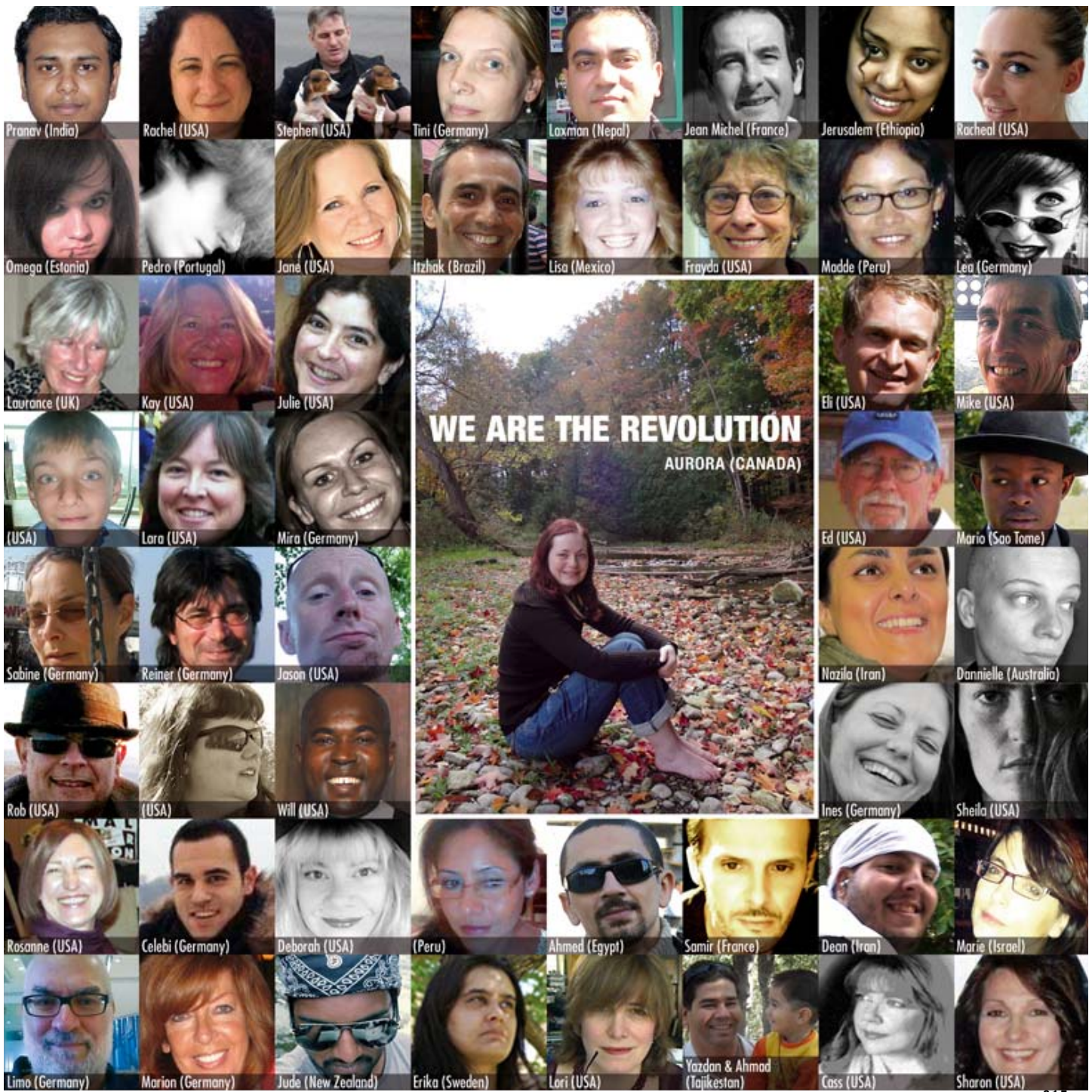
**Peace to me is when  
life is valued as a gift  
by everyone.**



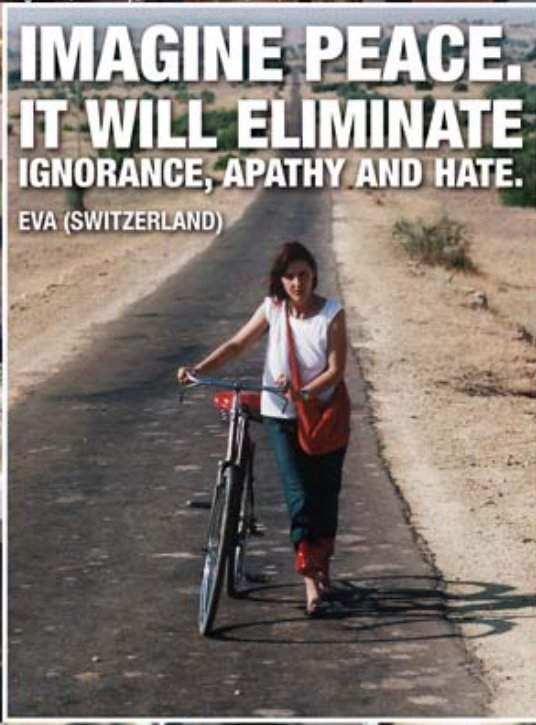
Pushkar (Nepal)

**When mother smiles it is a sense of  
happiness and peace.**











**Maren (Germany)**  
**Peace: recognize diversity - with all its challenges.**



**MARIA (INDONESIA)**  
**IF I WERE A LESBIAN AND YOU'RE STILL MY BEST FRIEND THAT'S PEACE**





Susan (USA)

Martin (Germany)

Klaudia (Poland)

Irina (Romania)

Jason (USA)

(USA)



KIRAN (INDIA)

**WE CAN'T LOVE ANYONE  
UNLESS WE LOVE  
OURSELVES  
AND THAT'S WHERE  
THE PEACE COMES  
FROM WITHIN**



(USA)

Rainer (Germany)

(Germany)



(Switzerland)

Silvana (Denmark)

Jamie (USA)

Debbie (USA)



(USA)

Lique (The Netherlands)

Paola (Italy)

Eva & Child (USA)



(USA)

Birgit (Germany)

Joyful (Australia)

Melanie (Germany)

Sara (Iran)

Carmen (USA)

Farah (Lebanon)



Thierry (France)

Tommy (Canada)

Lisa (USA)

Barry (UK)

(USA)

Stacey (Canada)

Britta (Germany)

Tejanath (Nepal)



(New Zealand)

Denice (USA)

(Germany)

Patricio (Chile)

**Wolfgang  
(Germany)  
I AM  
PEACE**

(Singapore)



Kathleen (USA)

(Earth)

Olaf (Germany)

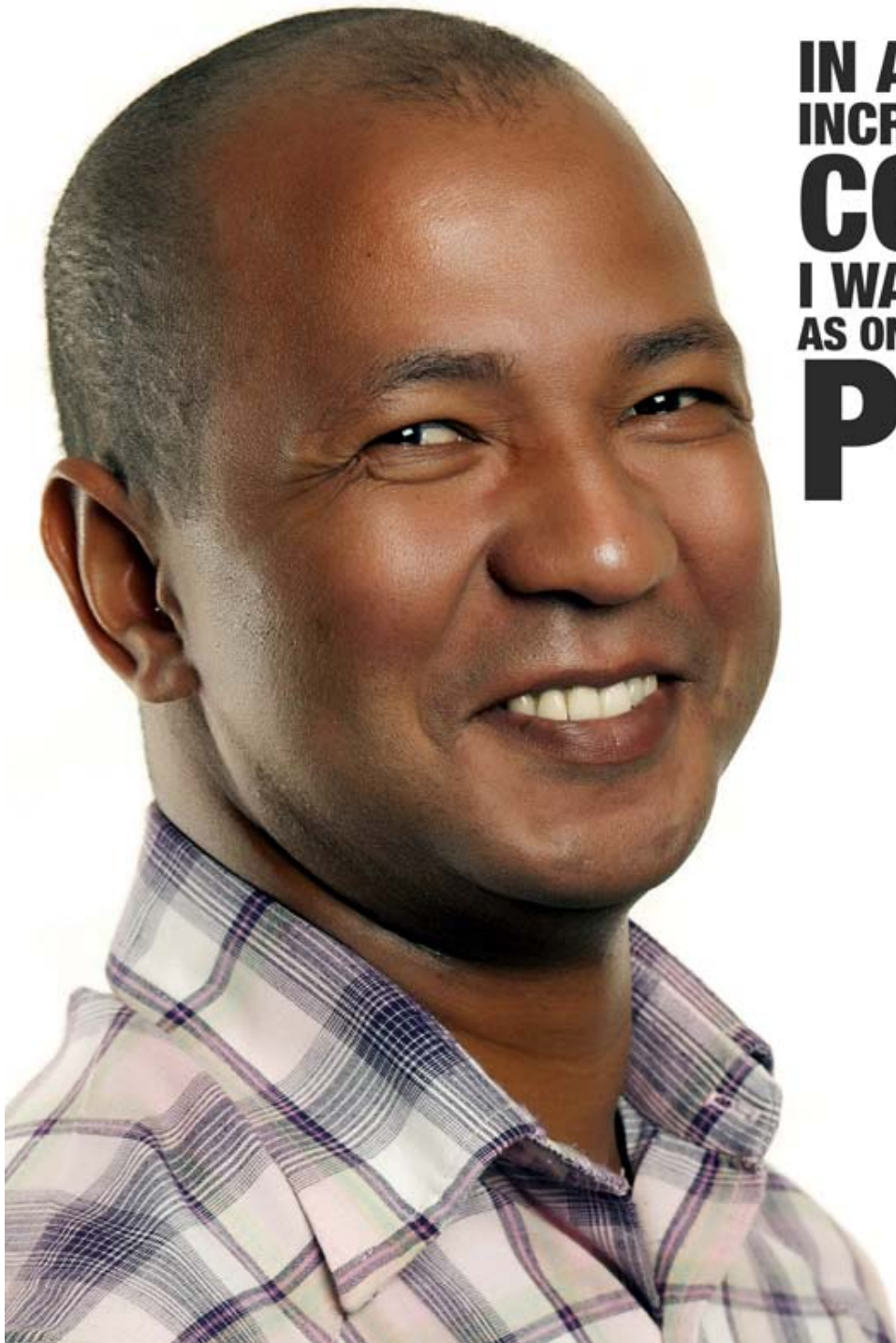
Vanessa (Germany)

Karduto (Mexico)

Adrian (USA)

Maggy (The Netherlands)

Maria (Colombia)



**IN A WORLD WITH  
INCREASING LEVEL OF  
CONFLICT  
I WANTED TO COUNT  
AS ONE WHO STOOD UP FOR  
PEACE**

**MIKE (SOUTH AFRICA)**

**MY  
FACE  
FOR  
PEACE** .ORG



Anne (UK)

**Peace begins in the imagination: Imagine Peace.**



Abbas (Lebanon)

**PEACE IS A HIDDEN PRIVILEGE THAT GOD GAVE US.**



Nawal (Lebanon)

**Peace comes from within and it's contagious! Free your inner self from blame, hatred and bitterness, you'll live in peace and transmit its vibes all around you.**



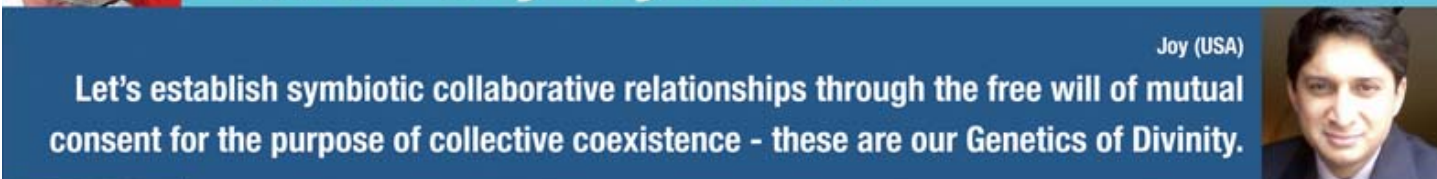
Eray (Turkey)

**PEACE WILL PREVAIL!**



Nick (Australia)

**Don't wait for THEM to make peace - "THEM" is you yourself.**



Joy (USA)

**Let's establish symbiotic collaborative relationships through the free will of mutual consent for the purpose of collective coexistence - these are our Genetics of Divinity.**



(Japan)

**The greeting "Peace to you!" has been pronounced by the people of the Middle East since the days of Joseph at least. See Genesis 42:23.**



Nour (Algeria)

**Peace starts from within. I'm offering you a helping hand and a smiling face... Peace and Love**





Lyda (USA)

Leyla (Lebanon)

Musi (Germany)

Sufyan (Morocco)

Sevgi (Turkey)

Fabiana & daughter (Spain)

Dan (USA)

Maja (Germany)

Thomas (Lebanon)

(Canada)

Abbas (Lebanon)

Selina & friend (Germany)

Pao (Colombia)

Diane & Jora (USA)

Jenn (Malaysia)

Abdulbaset (Yemen)

Ines (Ecuador)

Cassandra (USA)

Omran (Lebanon)

Luigi (Germany)

Sue (USA)

Tim (USA)

Amira (Austria)

El Hammoumi (Morocco)

Aurora (Italy)

(Brazil)

Marga (Germany)

Jules (USA)

Sandra & child (Austria)

Micoela & Shay (USA)

Ade (USA)

Deo & friends (USA)

Sian (USA)

ISABELLE (CANADA)

**MAY ALL THE SENTIENT BEINGS  
BE IN PEACE,  
SAFE, HAPPY & FREE.**

Judith, Hagen, Julia, Jill, Gregor, Votan & Titus (Germany)

Seher & Malis (Turkey)

Selma (Algeria)



Bilal (USA)

**Knowledge is the bridge between cultures!**



Bernd & daughter (Germany)

**IT'S ABOUT TIME**



Nofal (USA)

**My face for peace is my love to the world**



Ali (Lebanon)

**With love we can build peaceful society.**



Deborah (Canada)

**PEACE AS A WAY TO LIVE AND NOT SOMETHING THAT MIGHT BE ATTAINABLE IN A DISTANT FUTURE, IT'S IN THE HANDS OF ALL OF US.**



**Peace is a child. We need to grow it day by day.**

Gianluca (Italy)



Alaa (Palestine)

**IN OUR JOY, WE THINK WE HEAR A WHISPER. AT FIRST IT IS TOO SOFT. THEN ONLY HALF HEARD. WE LISTEN CAREFULLY AS IT GATHERS STRENGTH. WE HEAR A SWEETNESS. THE WORD IS PEACE. IT IS LOUD NOW. LOUDER THAN THE EXPLOSION OF BOMBS. PEACE, MY BROTHER. PEACE, MY SISTER. PEACE, MY SOUL.**